Our traditional Jamaican roots drink is meticulously brewed with the most potent herbs and roots found on the island. The end result is a powerful potion that keeps the mind, body, and spirit in peak condition. Think of it as preventive medicine. Take two to three servings per week. Try one today!

Black Roots

Ingredients include: Guava Leaf, Chaney Root, Blood Wiss, Milk Wiss, Mango Leaf, Mango Stick, BreadNut, Raw Moon, SourSop Leaf, Medina, Sarsaparilla, and Ginger Root.

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Herb/Root	*Scientific*	*Benefit*
Guava Leaf	*Psidium Guajava*	*Rich in antioxidants, natural anti-biotic, fights infections.*
Chaney Root	*Similax Balbisiana*	*Cleanses the blood, treat skin rashes, soothes inflammation and rheumatism*
Blood Wiss	*Vitis Tiliifolia*	*Promotes circulation, natural diuretic, promotes kidney health.*
Milk Wiss	*Forsteronia Floribunda*	*Cleans the blood, Neutralizes acids, boosts immunity, Jamaican Viagara*
Mango Leaf	*Mangifera Indica*	*Helps to:* ▪ *Manage high blood pressure, Balance blood sugar levels,* ▪ *Treat gall bladders and kidney stones,* ▪ *Treats stomach ulcers and hiccups*
BreadNut	*Brosimum Alicastrum*	*Rich in essential amino acids, good source of dietary fiber, lowers the risk of diabetes and cardiovascular diseases. prevent spikes in blood pressure*
Raw Moon	*Trophis Racemosa*	*Enhance the libido, natural aphrodisiac*
Mango Stick	*Mangifera Indica*	*Contains tannins, balances blood sugar level, treats hyperglycemia*
SourSop Leaf	*Annona Muricata*	*Reduces the effects of:* ▪ *Hypertension* ▪ *Fever/coughs* ▪ *Asthma* *Relieves digestive ailments*
Medina	*Alysicarpus Vaginalis*	*Natural source of iron, treats fatigue, prevents anemia and low blood count*
Sarsaparilla	*Smilax Ornata*	*Controls blood toxin levels, supports immune system, helps to regulate hormones.*
Ginger Root	*Zingiber Officinale*	*Increases serotonin and dopamine levels, Supports better digestion, aids in weight loss, alleviates PMS symptoms*

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